Aims and Objective

Integration of all knowledge learned in nursing and related subjects is the emphasis of this course. The focus of the nursing practicum is on Primary Health Care. The components of the course aim to provide students opportunities to develop an understanding of the role of nurses in the promotion, maintenance, and restoration of people’s health in a community health care setting. Opportunities are also provided for learners to develop their communication skill and skills in collecting health data through history taking and documentation.

Intended Learning Outcomes of the Course

On completion of the course, students should be able to

ILO1. demonstrate understanding of the psychosocial aspects of health through interaction with a client and their families;
ILO2. integrate the holistic concepts in a physio-psycho-socio-spiritual framework in a real client and the primary health care context;
ILO3. develop the linkage among students, healthcare professionals and clients by establishing mutual sharing of information, feelings and the experience of illness from the client perspectives as well as from the perspectives of healthcare providers concerning the delivery of client care;
ILO4. demonstrate understanding of the roles and responsibilities of nurses in primary health care in the community;
ILO5. integrate nursing knowledge in maintaining and promoting clients’ health in the community context;
ILO6. demonstrate familiarizing with the environment in community settings;
ILO7. integrate clinical nursing skills in maintaining and promoting clients’ health in community settings.

Syllabus

Primary Health:

1. understanding of the roles and responsibilities of nurses in the community
2. psychological and cultural / economic factors affecting clients’ health maintenance patterns
3. health needs of the clients and community resources relevant to the clients’ needs
4. appropriate communication with clients/ caregivers/ family members/ peers and other health care providers
5. the challenges as well as the development of community health nursing
6. familiarizing with the environment in the provision of primary health care in community and residential settings
7. exposure to clients living with various health problems- diseases of the cardiovascular, respiratory,
neurological, endocrine, motor-sensory, musculoskeletal, and genital-urinary systems
8. understanding of the bio-psycho-social implications of physical illness on individuals, families and community
9. nursing process approach to assess, plan, intervene and evaluate clients’ health conditions & outcomes
10. skills in implementing health education to patients and their families in health promotion and self-care
11. observation or practice with supervision regarding safe & accurate practice in performing the basic nursing care such as vital signs monitoring (TPR), lifting of client, bed making, bathing and feeding.
12. infection control principles in preventing nosocomial infection in residential home setting

Assessment

<table>
<thead>
<tr>
<th>Type of Assessment (Weighting)</th>
<th>Description</th>
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<tbody>
<tr>
<td>Practicum Checklist (20%)</td>
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<tr>
<td>Feedback from Site Mentors (10%)</td>
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<tr>
<td>Assessment of Nursing Skills (20%)</td>
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<tr>
<td>Nursing Care Plan/ Case Sharing (30%)</td>
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<tr>
<td>Reflective Log (20%)</td>
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Pre-requisite(s)

Nil

Required and Recommended Reading

Recommended references:

22.07.2016