Course Title: Basic Clinical Nursing

Aims and Objective

This course introduces the unique and professional role of nurses who should be able to demonstrate sensitivity, commitment and people-centered attitude in clinical practice by applying evidence-based knowledge. Building upon the skills and knowledge acquired during health assessment, common and fundamental nursing techniques from admission to discharge or grieving and dying process of patients, students will learn to integrate fundamental knowledge and skills as well as essential attitudes for practicing as nurses in clinical settings. The focus of this course is on the development and application of elementary nursing skills using the nursing process to promote health and provide continuing and quality care.

Intended Learning Outcomes of the Course

On completion of the course, students should be able to

ILO1. apply health assessment skills to identify and prioritize patients’ as well as their caregivers’ health needs;
ILO2. use the nursing process to plan, implement and evaluate the basic and relevant nursing care;
ILO3. practice communication skills appropriately and effectively with patients and their families, as well as health care professionals in various stages of the care delivery process;
ILO4. identify steps and principles in clinical decision making process before undertaking any clinical skills;
ILO5. reflect on one’s own practice (knowledge, skill and attitude) in relation to professional nursing practice standards.

Syllabus

1. Course overview, promoting comfort & safety, hygiene care; Bed making, oral care & skin care; Clinical documentation
2. Infection control, principles of asepsis; Standard precautions, wound management
3. Administration of medications; Procedures for safe administration of medications- oral, inhaler, subcutaneous & intramuscular injections
4. Diagnostic tests
5. Nutrition; Nasogastric tube insertion and tube feeding
6. Elimination; Catheterization
7. Oxygenation; Administration of oxygen therapy, oro-pharyngeal suctioning
8. Motility and body mechanics, Positioning and transfer
9. Loss, grief and bereavement, last office
### Assessment

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<tr>
<th>Type of Assessment (Weighting)</th>
<th>Description</th>
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<tr>
<td>Continuous Assessment (60%)</td>
<td>Skills Labs (40%)</td>
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<td>Paper on a Nursing Care Plan (20%)</td>
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<td>Examination (40%)</td>
<td>Written Examination</td>
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### Pre-requisite(s)

Nil

### Required and Recommended Reading

**Recommended textbook:**


**References:**


Additional notes and useful library/web-site references will be provided for each topic.

22.07.2016